

## Factors Contributing to Underutilization of Intra Uterine Contraceptive Device among Women of Reproductive age Attending Eldama Ravine County Hospital In Kenya

### ABSTRACT.

The Intrauterine Contraception Device (IUCD) is one of the modern Long Acting methods of contraception. It is however faced with remarkable underutilization among women of reproductive age (15-49) years in most hospitals in Kenya. This study sought to determine demographic knowledge and social-cultural factors contributing to low utilization of IUCD among women of reproductive age, attending Eldama Ravine Sub-County hospital. A descriptive cross-sectional study design was used and the data collection technique employed was researcher administered questionnaires to interview women of reproductive age attending FP services at Eldama ravine Hospital. Results indicated that, Peer influence (39.2%) and lack of knowledge on the IUCD were the key factors contributing to underutilization of the IUCD, where (31.3%) did not know the fertility duration for clients on IUCD. This study recommends intensifying family planning campaigns to promote awareness of the long acting methods of FP such as the IUCD.

### Keywords

Family Planning, Uptake of IUCD, Socio-cultural factors and women of reproductive age

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