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Evaluating the Influence of Guiding and Counselling Referral Services on the self-efficacy of orphaned children living in orphanages in Bungoma County -Kenya

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ABSTRACT

The purpose of this study was to establish the influence of guidance and counselling referral services on the self-efficacy of orphans living in orphanages in Bungoma County. The researcher adopted the survey research design. Four theories (Adlerian theory, Systems theory, Self-determination theory and the social learning theory) were used in this research. The population of the study was 2132 orphans in the 20 orphanages within Bungoma County. Two hundred and forty (240) of the orphans in all the 20 orphanages were purposively sampled and interviewed. One (1) caregiver and one (1) administrator (again per orphanage) were interviewed, totalling to 280 respondents. Questionnaires and interview schedules were used to collect data from the respondents who included the orphans, orphanages administrators and caregivers. The self-efficacy scale of 1-4 was converted to between 0-100. The data was prepared, coded and analyzed using the Statistical Package for Social Sciences (SPSS) version 20. Strict ethical considerations were observed during the study. The study established that there was a positive and significant relationship between self-efficacy of orphaned children and guidance and counselling referral services. The study's recommendation for a policy was that the government should come up with a policy to guide all the orphanages in Kenya, including the process of guiding and counselling. process for practice were that every orphanage should engage the services of a qualified and practising guiding and counselling specialist for the orphans. Guiding and counselling Referral services should be encouraged in orphanages, as they have proved to be very effective. In addition, Guidance and counseling referral services provide orphans with the opportunity to receive more specialized and comparable services that enhance their focus on overall developmental growth.

Key Words: Guidance, Counselling, Self-efficacy, Referral services, Respondents, Post-orphanage, dis engagement.

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