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ABSTRACT

The purpose of this study was to establish the influence of guidance and counselling Mentorship services on the self-efficacy of orphans living in orphanages in Bungoma County. The researcher adopted the ex post facto research design. Four theories (Adlerian theory, Systems theory, Self-determination theory and the social learning theory) were used in this research. The population of the study was 2132 orphans in the 20 orphanages within Bungoma County. Two hundred and forty (240) of the orphans in all the 20 orphanages were purposively sampled and interviewed. One (1) caregiver and one (1) administrator (again per orphanage) were interviewed by use of questionnaires and interview schedules., totalling to 280 respondents. The self-efficacy scale of 1-4 was converted to between 0-100. The data was prepared, coded and analyzed using the Statistical Package for Social Sciences (SPSS) version 22. Strict ethical considerations were observed during the study. The study established that there was a positive and significant relationship between self-efficacy of orphaned children and guidance and counseling mentorship programs. The study's recommendation was that the government should come up with a policy framework to guide all the orphanages in Kenya, including the process of guiding and counselling. Recommendations for practice were that every orphanage should engage the services of qualified guiding and counselling specialists since Mentorship programs enhance the orphans' participation in various activities that are critical for their successful career lives after disengagement. Through mentorship programs, orphans are equipped with employability skills that are in tandem with the current needs on the job market.

Key Words: Guidance, Counselling, Self-efficacy, Mentorship services, Respondents, disengagement.

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